

THE HONEY FILES:

# HONEY

## HOW HONEY IS MADE



## HONEY IN ALL SHAPES AND SIZES

Honey comes in many forms. But as long as the ingredient label says, "pure honey," it's straight from bee to hive to bottle.



### LIQUID

The one we all know and love.



### COMB HONEY

Honey still inside the honeycomb.



### CUT COMB

Liquid honey with chunks of honeycomb in the jar.



### CRYSTALLIZED

Naturally crystallized and safe to eat!



### WHIPPED

Made to spread like butter.

## ACTIVITY

# HOW SWEET IT IS

There are different kinds of tastes in every food you eat. But your tongue can only taste four! With the help of an adult, collect different foods from your kitchen, including honey. Can you identify which part of your tongue you're using to taste? Write down the name of the foods you tried next to the right taste receptor.



### SWEET FACT:

THE FIRST STORY OF HONEY IS 8,000 YEARS OLD! AN ANCIENT CAVE PAINTING IN SPAIN SHOWS HONEY HARVESTING. AND IT'S BEEN USED FOR FOOD, MEDICINE AND MORE ALL OVER THE WORLD EVER SINCE!

